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#### By: Fr. Zoy Garibay

"I have competed well; I have finished the race; I have kept the faith. From now on the crown of righteousness awaits me, which the Lord, the just judge, will award to me on that day and not only to me, but to all who have longed for his appearance."

Saint Paul wrote this beautiful passage near the end of his second letter to Timothy. Paul was being held captive in Rome when that letter was written. Facing the imminence of death, Paul reflects on his life and work. Timothy, Paul's friend and traveling companion on his missionary journeys, was confronted with many difficulties and Paul wanted to offer him guidance and encouragement. It is a powerful letter replete with love, wisdom, and hope.

I first encountered this passage at a graduation ceremony in the high school seminary in the Philippines, which I attended twenty-seven years ago. I was a freshman then and the seniors, who graduated that year, chose this passage from the New Testament. These words adorned the background of the Chapel, where the ceremony took place. I took to these words immediately and they served as inspiration and guide to me ever since.

These words came to mind as I reflected on the recently concluded Hilltopper Cross Country Invitational. Students from 19 schools in the region—including our own varsity team—came and competed in this event. It was a tough race. The course was daunting. The heat was grueling. Many competed well but a few runners collapsed. Others persisted and finished the course—some with medals and trophies to bring home, still others with nothing but the honor of having conquered "Big Bertha."

The words of Saint Paul could not have been timelier. Life can also be likened to a race, where we are expected to run the

course and compete—not so much against one another but more so against ourself. In the course of life, our mettle is tested. Sometimes the road we take may seem like an uphill climb, or that the heat we feel threatens to stop us. Even then we should not let those overcome us, nor should we let laziness, pessimism or fear get the better of us. Instead, we must learn to persevere, to remain hopeful, and to take courage.

We must keep in mind that we are not alone in this race. There are people who either run the race with us, encourage us, or wait and cheer for us at the finish line. They are our family, our friends, our teammates, our coaches, our teachers and classmates—those who love us, believe in us, and support us along the way. As we continue our journey into this academic year, I would like to offer these immortal words of Saint Paul and the image of a race to serve as both an inspiration and a guide for all of us. May the Lord give us all the grace and courage to persevere until the very end. T



**Nicholas Rodriguez** 

#### **Miscellaneous:**

**Ricky Rocha** Mikey Jimenez **David Draftz** 

# Serving with Satisfaction

By: Wilson Burge

T ave you ever imagined what it would be like to leave your home country to move to a foreign place and live off little to nothing? Have you ever imagined what your life would be like if you lived in one of the poorest communities in the U.S.? In late May to early June of 2017, nine students from the class of 2018 and five staff members travelled to McAllen, Texas, to serve those struggling in the colonias. The colonias is an area across the Rio Grande Valley and is home to hundreds of thousands of Latino immigrants who are attempting to attain better lives, but who are held back from doing so for reasons such as unemployment, disabilities, and low levels of

education as well as many other reasons.

Throughout the week, the group took part in service activities, such as offering their help at an immigration support center, serving food at a local church soup kitchen and assisting in the construction of houses for struggling immigrant families. "My favorite service project we participated in was serving the spaghetti dinner at the local church because I was able to interact with many different

people from walks of life, and it helped me put into perspective what life is like in their shoes," said senior Eric Howard.

Though of the mission



trippers' time was spent in service, they also took some time to be educated on the people they helped and what their lives are like. They received a lot of information from Ms. Ann Williams Cass of Proyecto Azteca, the organization with which the mission trippers helped build homes. She helped them all to understand the extreme need of those they served. Before the trip began, the lead trip organizer at SLS, Dr. Rick Voell, informed the mission trippers that their main goal needed to be building relationships. When asked about their success in this area of the trip, senior Isaac Sebastian said, "I believe that building the relationships that we did, not only with the people we worked for and with, but also with each other, is truly what made our mission a success."T



News News

# Making History

By: Joseph Hable



or most of the students, August 25<sup>th</sup> was just another school day. Everyone woke up at 6:20 and went on their way to breakfast and then to Mass afterwards. However, something special was also happening on this simple Friday in August. This was the day when Fr. Zoy Garibay was formally installed as the new Rector/President of St. Lawrence Seminary, taking the role formerly held by Fr. John Holly. This was a historic day for St. Lawrence as, for the first time ever, the new Rector was not of German or Irish descent, but was a Filipino.

Mass was led by Fr. Mike Sullivan, the Provincial Minister for the Capuchins of the Province of St. Joseph. After the homily, Fr. Zoy was brought up in front of the entire assembly of students, faculty, and other staff as he was presented with the Mission Statement of St. Lawrence, St. Lawrence's Academic Accreditation, and the bread and wine to celebrate the Eucharist. Upon accepting each, he was exhorted as the new Rector to care for what those objects symbolized regarding the school and its program. Fr. Mike then led the students and staff in a blessing over Fr. Zoy before he was congratulated on his new role at St. Lawrence. When asked about how he thought his first year as Rector would go, Fr. Zoy said, "I am very hopeful that this school year will go very well. We have had, overall, a good start to the school year, which sets a positive tone for the rest of the year."



This Mass was something special for students, as welcoming a new Rector does not happen very often. Senior Jeffrey Diaz-Leal seemed excited to have a new Rector, saying, "I think he will be a good Rector because he is younger, so he will be able to be Rector for longer. Also, he is very inviting to others." Adjusting to a new Rector is a big change for students who have been here for years, but it is also a way of showing how far St. Lawrence has come in being a truly international school that welcomes anyone from anywhere. Having a Filipino Rector is a good way to keep growing into the future. T



This was a historic day for St. Lawrence as, for the first time ever, the new Rector was not of German or Irish descent, but was a Filipino.

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### Labor Day

By: Yann Memiaghe

onday, September 5<sup>th</sup>, was a great day for almost all Saint Lawrence Seminary students and staff. It was the first day of the week, but it was also a day where the students took half of a day to cool down from the draining rigor of tests, quizzes, homework and essays of the first two weeks of school. While the first half of the day was spent in classes, the afternoon was a special schedule with time to bond over good food and entertaining games. Some of the traditional games included the dunk tank, where freshman had the opportunity to plunge their seniors into a tank of chilly water, as well as other lawn games, such as the bean bag toss and ladder toss. After an afternoon of outdoor games, everyone enjoyed a picnic dinner from the grill. Although students didn't have a full day of school off, they did have the opportunity to relax for a while. •••••

"Labor Day was a fitting day to momentarily forget about all of those things and have fun with their peers."

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Whether it was dealing with homesickness, academics or time management with sports, students tended to be a bit disoriented during these first couple weeks of school. Labor Day was a fitting day to momentarily forget about all of those things and have fun with their peers. Another convenient aspect of Labor Day was the opportunity for seniors to spend time with their freshman, continuing to build relationships. Current freshman Cameron Feucht said, "It was fun and the food was really good. It was funny seeing the seniors get dunked." Ultimately, Labor Day was a day for all the students and staff of SLS to sit back and relax for at least a bit. T

### Ride of a Lifetime

By: Eric Howard

When summer came to an end, many seniors came onto campus thinking they would take on great responsibility and leadership. While this is true, the senior class knew they would also partake in lots of fun. It is a tradition at St. Lawrence that on the first weekend of the school year, the senior class travels to Six Flags: Great America for a great bonding moment before the hard work of their senior year is too consuming. This year's trip took place on Saturday, August 26th.



At Six Flags, the students divided into groups and tested the myriad of rollercoasters and rides. Some of the students were quite worried of some steep drops and loops on the rollercoasters. Senior Marcos Huerta honestly stated, "After looking at how steep Goliath was, I wasn't sure if I wanted to go on it anymore." Goliath was just one of the various rides that the students went on. Marcos Huerta eventually went on the ride and was thankful looking back on it saying, "I'm glad I went on it. It was a little intimidating at first, but after the ride and seeing my friends and their faces, it was well worth it." Despite these anxieties, many students conquered not only Goliath, but also their fear of rides and heights. "Initially, I was never the type of person who was excited about amusement parks, but looking back on the trip, I would definitely go back with some of my friends," senior Ricky Rocha said. This fun-filled day with twists and turns brought the senior class together and geared them up for a successful school year. T

"Initially, I was never the type of person who was excited about amusement parks, but looking back on the trip, I would definitely go back with some of my friends."

- Ricky Rocha (senior)

# The Hilltoppers are Back!

## **Brothers Reunite!**

By: Tom Vu



E very year, St. Lawrence Seminary hosts a cross country meet famously known as the Hilltopper! Many schools come to compete on campus and to face the dreadful "Big Bertha," the hill that grabs over 900 feet of elevation. The meet takes place each September and was held on Saturday, September 16th this year. Nineteen schools took part in the competition through three events, boys' and girls' varsity and the girls' junior varsity races. Unfortunately, due to high heat and humidity, several racers had suffered heat exhaustion, and race officials decided to call off the boys' junior varsity race and the fun run. It is a race that is respected throughout the state for its difficulty because of the hilly terrain surrounding SLS. St. Lawrence's cross country runners expected the event to be challenging but prepared as much as they could, even running the entire course as part of their team practices. SLS Coach Kevin Buelow said, "There is so much energy in the morning when the teams arrive. It's always fun to see so many different teams compete on the hardest cross country course!" The top school for both the girls' and boys' varsity races was Freedom High School. Top varsity finisher for St. Lawrence Seminary was Wilson Burge, who placed 15th, and the varsity team took 15<sup>th</sup> place as well. **T** 



Many schools come to compete on campus and to face the dreadful "Big Bertha," the hill that grabs over 900 feet of elevation.

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This tradition has been held at St. Lawrence Seminary for many years and continues to be a popular event for alumni from many different decades.

hile schools from across the state face off in competition on this day, St. Lawrence alumni come on to campus and reminisce about their time on the Hill. During Hilltopper weekend, alumni from all around the country visit the Hill for a series of events, including taking in the cross country race, enjoying an alumni vs. students soccer match, attending evening Mass and, afterwards, having dinner with the students. This tradition has been held at St. Lawrence Seminary for many years and continues to be a popular event for alumni from many different decades. The event helps build community not only among alumni, but also for the students. The students have an opportunity to ask about the great (and goofy) times these former students had during their years at the Seminary. This event is one big brotherhood reunion and many alumni love coming by to see all the new buildings and improvements on campus. After Mass, the annual Brindisi Awards were given to Mr. Patrick Goodness, Fr. Gary Wegner, and Fr. Bob Wheelock (pictured above) and Fr. John Holly (not pictured) for their lives of service in the model of St. Francis. Senior Davee Vang said, "It's exciting to see alumni come back and play soccer against us! It's always a competitive yet enjoyable time." T



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## SOLAR ECLIPSE MEETS THE SKY OF THE HILL

By: Alejandro Reyes



were visible in Wisconsin, the invisible moon passed over 2018, and a partial solar eclipse on April 8, 2024. Though the the sky to cover more than eighty percent of the sun on Monday, current students will no longer be on the Hill to experience August 21st. Still a spectacular phenomenon, SLS was able to that solar eclipse, they will likely recall with fondness the last participate in viewing the solar eclipse that crossed the entire contiguous United States.

The sun went dark, a life-changing experience as described by many, across the total continental United States for the first time since June of 1918. On August 21st, the path of totality ran from the Pacific beaches of Oregon to the city of Charleston, South Carolina, in what people nicknamed the "Great American Eclipse." Unfortunately for the students of SLS, Mt. Calvary didn't fall into the eclipse's umbra (meaning the path of totality, where the moon would completely cover the sun) but did fall into the penumbra (meaning still having the privilege to see the moon partially block the sun's light).



Though it was the first day of classes at SLS, a special schedule was instituted to ensure that students would get to experience the unique event. Students and staff broke out their blackened "Eclipse Glasses" just after lunch, around 1:00, and turned toward the sky in awe to see the sun in a crescent-like image. Though it was a cloudy day, when the clouds weren't as thick, the eclipse was still visible. "It was amazing to see the sun like that," said freshman Carlo Roldan, "I had always heard of eclipses but have never been able to experience one like this, even if we didn't get complete darkness." This astonishment went through the minds of many as they smiled through the clouds at the sun and moon. Additionally, the news was playing in the auditorium, so students could see the total eclipse as it occurred in other places across the U.S.

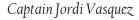
The future has several lunar and solar eclipses lined up for lthough the sky did not go dark and both sunset and sunrise the Hill, the next being a partial lunar eclipse on January 31, one they saw during their time here. T



Although the sky did not go dark and both sunset and sunrise were visible in Wisconsin, SLS was able to participate in viewing the solar eclipse that crossed the entire contiguous United States.

### Soccer

By: Adrian Gonzalez



Q: What is your goal for the team? *JV*: To create a chemistry that will

not only win us more games but create a tighter community.

Q: How do you cope with losing players every year?

JV: Start fresh and look at different ways to be successful with the different talents on

Q: What are some key factors that contribute to getting a win?

JV: Communicating and defending, create plays to make goals. Talking is very good to keep everyone on the same page.

#### Mr. Dave Bartel

#### Q: What is your goal for the team?

DB: Same goal as for every year: to be Conference Champions, Regional Champions, get better every game, every practice and learn from mistakes.

### Q: How do you cope with losing players every

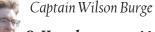
DB: Every year we lose key players, it's a matter of how the team reacts to the change and which players will step up for those who left.

Q: What are some key factors that contribute to getting a win?

DB: As long as we are playing up and keeping a strong line of defense we should be fine.

# Cross Country By: Nicholas Rodriguez

HILLTOPPER



Q: How do you want to help the team this year? WB: I want to set a role model for the new runners and give them my knowledge from my experi-

#### Q: What kind of mindset do you have for this season?

WB: I want to push myself and the team while making the most of my last season.

### Q: What would you like to accomplish as a team

WB: I want to do my best during the Hilltopper and get the team to their best as well.

#### Mr. Kevin Buelow

Q: What are your goals for the team this year? KB: I want to push the team beyond their limits.

#### Q: How do you expect the team to do at the upcoming meets?

KB: I don't know what to expect due to the mixture of classes. However, I expect the team to do good at the upcoming meets.

#### Q: What do you want to accomplish as a team?

KB: I would like to have someone qualify for state and for the team to do well at sectionals.



### Scoreboard:

8/31 SLS vs. Mayville 6-0 9/5 SLS vs. Cristo Rey 1-0 9/7 SLS vs. Wayland 0-2 9/9 SLS vs. Kohler 0-1 9/11 SLS vs. Waupun 2-1 9/14 SLS vs. United 1-2 9/15 SLS vs. KML 0-2 9/18 SLS vs. 0ostburg 1-0 9/19 SLS vs. New Holstein 0-0 9/21 SLS vs. 0mro 5-0

Varsity Soccer: JV Soccer: 8/28 SLS vs. St. Thomas More 0-0 8/28 SLS vs. St. Thomas More 2-2 8/31 SLS vs. Kohler 2-5 9/5 SLS vs. Sheboygan Christian 1-0 9/7 SLS vs. Xavier 2-3 9/9 Waupun Tournament: SLS vs. Middleton 0-10 SLS vs. Catholic Memorial 0-6 9/11 SLS vs. Waupun 1-4 9/15 SLS vs. KML 0-1 9/19 SLS vs. New Holstein 1-0 9/21 SLS vs. WLA 1-0

Cross Country: 8/29 SLS 2<sup>nd</sup> - WLA Invite 8/31 SLS 16th - Kiel Invite 9/5 SLS 3rd -Jakubek Invite 9/12 SLS 16<sup>th</sup> Crusader Challenge 9/16 SLS 15<sup>th</sup> Hilltopper Invite 9/21 SLS 11th -Horicon



### Meet Our New Staff

### Mr. Quan Nguyen



Q: How does it feel coming back as a supervisor?

QN: It feels a little strange; I've had previous experiences supervising, but supervising here is a whole different magnitude.

Q: How has SLS changed since you were a student?

QN: SLS has changed so much (little chuckle). There are a lot of new teachers, plus, we didn't have CO: Yes, I had to accustom myself to the cable TV, or cell phones.

Q: Do you have any goals for the upcoming school year?

QN: The only real goal that I have for the upcoming school year is to uphold the traditions of SLS.

Q: How is life in the dorm so far? The freshman? QN: I would say it's very interesting to say the least, but it's what I

Q: Now being a supervisor and a student, which one do you prefer and why?

QN: In some ways I'd rather be a student because there is less responsibility, but in other ways I'd rather be as supervisor because you don't have to worry about the burden of homework.

Q: What's the best part about being a supervisor? QN: The best part about being a supervisor is interacting with the

students and watching them come together as a class.



### Chef Cindy Overton

Q: How did you find out about St. Lawrence?

CO: I have been with Sodexo for three years and I came across that there was an opening here.

Q: Has there been any changes you have needed to become accustomed to?

hectic atmosphere, but other than that it has been a lot of fun.

Q: How does it feel trying to feed over 200 hungry boys day in and day out?

CO: Well, I used to be a summer camp chef, so it's nothing new.

Q: What's your favorite dish to make? CO: I don't have a single favorite dish to make, but one that I like to make a lot is a Horseshoe-Texas Toast w/ham and french fries on top and drowned in cheese sauce.

Q: If you could meet any person in world right now (living or dead) who would it be?

CO: I would meet Robin Williams because he was a great actor and could always make me

Q: What's your favorite food? CO: I would have to say a nice piece steak and I like it rare.



Grade: 11

**Ethnicity:** *Vietnamese* 

**Hobbies:** Video games, Reading comics, Eating Special traits: Short, Happy, Fun-sized

Talents: Winning games, Smiling, Winning more games

**Favorite foods:** Sesame chicken, Summer rolls, Fried rice What brought you to SLS: Priest at my church Motivation you always tell yourself: "Go off"



Grade: 11

Student Spotlight

Ethnicity: Caucasian

Hobbies: Boy Scouts, Science, Reading

Special traits: Meeting new people, Eagle Scout, Helpful

Talents: Running, Math, Science

Favorite foods: Pizza, Ice cream, Burgers

What brought you to SLS: Moving to the area; SLS looked

like a great school

Motivation you always tell yourself: "Keep going!"

### Mr. Jose Liborio



Q: How does it feel working with your wife?

IL: (Laugh) I never thought that I would be working with her, but it's great.

Q: How are classes going so far? IL: The classes are going very well thus far. I have set high expectations for the students and they are determined to meet them.

Q: Was there any adjustment (big or small) from teaching at a college level to now a high school level?

IL: Yes, there were some adjustments, however, all these adjustments were positive like behavior and size of the classes.

Q: Do you have a preference between high school and college?

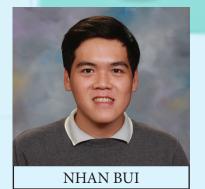
IL: I prefer high school, because it's more of a one-on-one experience. Q: What is your favorite part

about St. Lawrence so far? IL: I like the very supportive staff, administration, dedicated students, and the good

Q: Now, that you have taught both chemistry and physics, which one do you like more?

*IL*: That is a very hard one. However, if I had to pick one it would be chemistry.





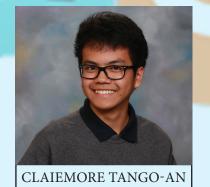
Grade: 11

**Ethnicity:** *Vietnamese* 

**Hobbies:** *Soccer, Listening to music, Chatting* **Special traits:** *Friendly*; *Good at Math*; *Helpful* 

**Talents:** *Math, Chemistry, Physics* **Favorite foods:** *Rice, Soup, Sushi* 

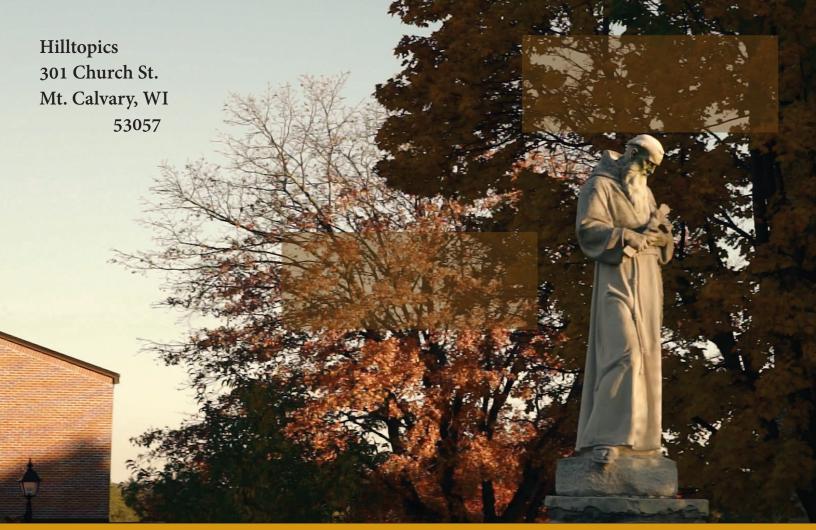
What brought you to SLS: My uncle used to study here Motivation you always tell yourself: "Don't be cocky"



Grade: 10

**Ethnicity:** *Filipino* 

**Hobbies:** *Drawing, Volleyball, Track* **Special traits:** *Polite, Forgiving, Neat* Talents: Sprinting, Drawing, Painting **Favorite foods:** *Pizza*, *Lumpia*, *French fries* What brought you to SLS: My brother came here Motivation you always tell yourself: "Work hard"





#### HENRY'S PUZZLING PROBLEMS

Henry has been having some hard time trying to figure what all of these pictures mean. Are you able to help Henry dissect some of these equations?



